

WALKING IN YOUR PURPOSE



THEREFORE, I URGE YOU, BROTHERS, AND SISTERS,
IN VIEW OF GOD'S MERCY, TO OFFER YOUR BODIES
AS A LIVING SACRIFICE, HOLY AND PLEASING TO
GOD—THIS IS YOUR TRUE AND PROPER WORSHIP. DO
NOT CONFORM TO THE PATTERN OF THIS WORLD BUT
BE TRANSFORMED BY THE RENEWAL OF YOUR MIND.

FOUNDATIONAL SCRIPTURE
ROMANS 12:1-8

WORKBOOK THIRD EDITION

EMPOWERING YOU TO FOCUS ON ACHIEVING YOUR
PURPOSE, VISION AND MISSION/IMPACT IN LIFE



Course Workbook

Third Edition

By Sherman & PJ Fuller



“Intentionally helping others see how we are uniquely connected”

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thereby instilling the concept of vision into our hearts.

When a young man loses his father early in childhood due to death,
it is important to have a mentor, coach and guardian to walk with and coach you
on the basic tools you need to be successful in life.
Thanks Dr. TJ for teaching me that “the sky is the limit.”

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God has gifted you in so many ways.

Thank you to my sister, Janice, for listening to my on-and-on talk about this project.
And as always, “Thanks Mom!”

To God be the Glory!

Strong, creative, positive and ever changing.
You are a **VISION WALKING**.
The road is full of hope and dreams.
Everything you do is connected to how you see.
Be it hill or mountain, the path you choose is key. You're
never alone on the journey.

You're a **VISION WALKING**.

Walking in Your Purpose



Isaiah 1:3

“The ox knows its master, the donkey its owner’s manger, but Israel does not know,
my people do not understand.” (NIV)

Ephesians 5:17

Therefore, do not be foolish, but understand what the Lord’s will is. (NIV)

Habakkuk 2:2

And the LORD answered me, and said, Write the vision, and make *it* plain upon
tables, that he may run that readeth it.
(KJV)

Welcome to



Foundational Scripture
Romans 12:1-8

¹I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, *which is* your reasonable service. ²And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what *is* that good and acceptable and perfect will of God. ³For I say, through the grace given to me, to everyone who is among you, not to think *of himself* more highly than he ought to think, but to think soberly, as God has dealt to each one a measure of faith. ⁴For as we have many members in one body, but all the members do not have the same function, ⁵so we, *being* many, are one body in Christ, and individually members of one another. ⁶Having then gifts differing according to the grace that is given to us, *let us use them*: if prophecy, *let us* prophesy in proportion to our faith; ⁷or ministry, *let us use it* in our ministering; he who teaches, in teaching; ⁸he who exhorts, in exhortation; he who gives, with liberality; he who leads, with diligence; he who shows mercy, with cheerfulness. (NKJV)

HOW TO USE YOUR WORKBOOK

Whether you are teaching a class, leading a small group, discipling an individual, or studying on your own, this workbook is designed to give you practical exercises to enhance your **Vision Walking** experience.

- Step 1: Review the Table of Contents and become familiar with the workbook.
- Step 2: Complete Sessions 1-5.
- Step 3: Use the QR Code on page 78 to enhance your “Vision Board” learning experience. Just hover over it with your phone’s camera and tap.
- Step 4: Re-read the stories within this workbook that detail life lessons.
- Step 5: Pray, meditate, and reflect daily on how God is using this tool in your life.

Keep the journey going!

- Connect through our website (www.visionwalking.com).
- Visit our Podcast on-line.
- Visit the online store for your shopping needs.
- Email us! We would love to hear from you (info@visionwalking.com)!
- Establish a timeline to accomplish and re-evaluate your goals.
- Review and update your vision board annually.
- Use the example “Annual Book” to create your own annual plan.
- Set phone alarms to remind you to speak your vision out loud twice a day.
- Donate to the **Vision Walking** movement!
- Tell your friends how **Vision Walking** has impacted your life to kick-start the purpose journey for others.

Become a **Vision Walking** by intentionally helping others see how we are uniquely connected!

How Did I Walk in God's Vision Today?

Was I a living sacrifice today? (Spirit, Soul, and Body) Romans 12:1-2 (in His presence, word/scripture, prayer, worshipper, reach the lost, doing God's will)



How did I use my gifts today? Romans 12:6-8

How did I pursue my vision today? (Vision Board & Seasons)

How was my momentum today? (time)

Did I pay attention to my relationships today? (love and forgiveness)

Was I hindered today? (sin and unforgiveness)

SESSION 1

RECOGNIZE YOUR MOTIVATIONAL GIFTS

INTRODUCTIONS
COURSE OVERVIEW
ASSESSMENTS

Introductions

Hello Everybody.

This is Sherman & PJ Fuller.

I'm Sherman. Let me tell you a little bit about myself. *I am a child of the King. God has given me many gifts. Organization and Leadership are two of those gifts.* I spent 25 years in the Army. I retired and worked in the education system for 10 years. I taught Elementary School, Middle School, worked as a Dean of Students, I was an Assistant Principal and Principal at the Elementary School level. Currently I'm working at a church running Facilities and Security. **Your job is not your purpose, but your purpose will show up at your job.** These titles are just the ticket to get in the door to do what the Lord has for me.

I'm PJ Fuller, *I am a child of God. God has given me many gifts. Teaching and Exhortation are two of those gifts.* I worked 20 years, civil service; that means I worked for the military not in the military. I've been teaching for over 17 years. I taught Elementary School for nine years and currently, I'm a High School Teacher. I also have a private tutoring business and we have a 501 © 3 for tutoring services for students. I am an exhorter; I believe in seeing the good in anything and everything; I'm an optimist and I know that prayer changes things!

We have been married for 30 years and have two children and five grandbabies.

The Journey

Our story begins when we were seeking a church home. In the parking lot on our first visit, we asked a gentleman why he liked this church. He was able to articulate the church's vision, and mission statement and this resonated deep within us. Upon entering the church, we saw those statements on the wall. During a morning service in December, pastor asked us to write down eight things that we were expecting in 2008. This was the start of our vision board and our "Vision Walk."

We decided to get away from our home, even though the kids were grown and on their own. We checked into a military base and meditated and prayed for two days. We also fasted during this time. We wrote down what our heart was saying during this time.

Thus began our journey in "Vision Walking..."

It is not necessary to check into a different place, but it is necessary to meditate, to find quiet time, and to reflect on what your heart/Spirit of God is saying.



Course Overview

This class is designed to Empower you for Success. We believe that it is significant that we learn our purpose and walk in it which leads to success, fulfillment, and happiness in life.

Course Objectives:

- This class is designed to paint a **clear** picture to those calling on God to know what could be and what should be for their lives.
- Learn how your **unique** gifts help define your **purpose, vision, and impact/mission!**
- Learn to recognize the **season** you are in and see your **vision** using **Vision Boards**.
- Learn to monitor your **time** to accomplish the **mission of God**.
- Realize that the **mission steps** and **goals** are the tasks you must do to walk in the vision.



Session Overview

Session 1	Introductions, Course Overview, Assessments
Session 2	Purpose, Vision, and Mission/Impact Statement
Session 3	Seasons and Develop a Vision Board
Session 4	Vision Board Review and Presentations, Practice Presenting Your Purpose, Vision, and Mission/Impact Statement and Your Vision Board
Session 5	SMART Goals, Time Management, and Annual Book

Class Alignment Sheet

This class is designed to paint a _____ picture to those calling on God to know what could be and what should be for their lives.

Let's learn how our _____ help define our _____ & _____!

Learn to recognize the _____ you are in and see your _____ using " _____."

****We will go into a lot of detail about recognizing your season later!***

Learn to monitor your _____ to accomplish the _____.

Realize that the _____ and _____ are the tasks you must do to walk in the vision."

Answers: Clear, unique gifts, purpose, vision, and mission/impact, season, vision, "Vision Boards", time, mission of God, mission steps, goals (see page 10)

Vision Walking is designed to answer the longing in your heart to know:

- **WHO AM I?**
- **WHAT IS MY PURPOSE?**
- **...AND HOW AM I SUPPOSE TO WALK IN IT NOW to help make the world a better place?**

We believe God's people are calling out to know their purpose in life and have a vision for their lives based on God's plan. This class, along with others like it, was inspired as an answer to prayers.

About This Assessment

This assessment is a tool used to identify what motivates you, the talents and skills you have, recognize how God manifests through your gifts, and determine if you are called to ministry.

Go to (Inventory A) and complete the Motivational Gifts Inventory. Circle the number that matches how the statements relate to you (0-Not Ever, 1-Hardly, 2-Occasionally, 3-Frequently, 4-Mostly, 5 Almost Always). Then add them to find the sum and list your three highest scores on the end of (Inventory A).

Inventories

- **Motivational Gifts (Inventory A)**

Prophecy
Serving
Teacher
Exhortation/Encourager
Giver
Leading/Administration/Organization
Mercy/Compassion

Recognizing what motivates me in life.

- **Talents/Skills (Inventory B)**

Recognizing the talent(s) I've been given and the skills I want to develop.

- **Spiritual Manifestations (Inventory C)**

Recognizing how God can display His power through me.

- **Ministry Gifts (Inventory D)**

Recognizing and accepting my "call" as an Apostle, Prophet, Evangelist, Pastor, or Teacher to equip the saints.

(Inventory A)
7 Motivational Gifts

#1A-Prophecy

- A: I have a unique ability to hear and apply the Word of God in a situation.
 B: I have a strong sense of right/wrong in exposing sin.
 C: I speak against evil and proclaim the good of God in exhortation.
 D: I am used to tell or remind someone I know or a stranger something they've forgotten or are avoiding.
 E: I'm often used to speak a biblical truth in the right season.

Key:	Not Ever 0	Hardly 1	Occasionally 2	Frequently 3	Mostly 4	Almost Always 5	
#1A-Prophecy							
A:	0	1	2	3	4	5	Sum: ____ /25
B:	0	1	2	3	4	5	
C:	0	1	2	3	4	5	
D:	0	1	2	3	4	5	
E:	0	1	2	3	4	5	

#2A-Serving

- A: I am inspired to do God' work while serving others through humility.
 B: I like completing short term tasks.
 C: I prefer to carry out responsibilities myself.
 D: I enjoy helping others achieve a needed task or activity.
 E: Where there is a need, I join in to help.

Key:	Not Ever 0	Hardly 1	Occasionally 2	Frequently 3	Mostly 4	Almost Always 5	
#2A-Serving							
A:	0	1	2	3	4	5	Sum: ____ /25
B:	0	1	2	3	4	5	
C:	0	1	2	3	4	5	
D:	0	1	2	3	4	5	
E:	0	1	2	3	4	5	

#3A-Teacher

A: I enjoy searching for truth.

B: I believe in the authority of scripture.

C: I faithfully study God's Word seeking wisdom.

D: I am analytical in my approach to study.

E: I enjoy researching information to obtain facts and share those facts with others.

Key:	Not Ever 0	Hardly 1	Occasionally 2	Frequently 3	Mostly 4	Almost Always 5
------	---------------	-------------	-------------------	-----------------	-------------	--------------------

#3A-Teacher

A:	0	1	2	3	4	5	Sum: _____ /25
B:	0	1	2	3	4	5	
C:	0	1	2	3	4	5	
D:	0	1	2	3	4	5	
E:	0	1	2	3	4	5	

#4A-Exhortation/Encourager

A: I like encouraging others a lot.

B: I can see the good in things.

C: I like prescribing specific steps of action to help others.

D: I look for ways to inspire others.

E: I am a natural encourager even in stressful situations.

Key:	Not Ever 0	Hardly 1	Occasionally 2	Frequently 3	Mostly 4	Almost Always 5
------	---------------	-------------	-------------------	-----------------	-------------	--------------------

#4A-Exhortation/Encourager

A:	0	1	2	3	4	5	Sum: _____ /25
B:	0	1	2	3	4	5	
C:	0	1	2	3	4	5	
D:	0	1	2	3	4	5	
E:	0	1	2	3	4	5	

#5A-Giver

- A: I like to give more than enough to meet a need.
B: When I walk in a room and see a need, I pitch in.
C: When I see someone in need or in pain, I stop to help.
D: I like to donate my time and resources to help others.
E: I go out of my way to see, hear, and act on the needs of others.

Key:	Not Ever 0	Hardly 1	Occasionally 2	Frequently 3	Mostly 4	Almost Always 5
------	---------------	-------------	-------------------	-----------------	-------------	--------------------

#5A-Giver

A:	0	1	2	3	4	5	Sum: _____ /25
B:	0	1	2	3	4	5	
C:	0	1	2	3	4	5	
D:	0	1	2	3	4	5	
E:	0	1	2	3	4	5	

#6A-Leading/Administration/Organization

- A: I am task driven and can organize people.
B: I can see strengths, weaknesses, and talents in others.
C: I can see the “big picture” of a vision.
D: I like managing multiple long-term and short-term goals.
E: I like leading individual and groups of people toward a common goal.

Key:	Not Ever 0	Hardly 1	Occasionally 2	Frequently 3	Mostly 4	Almost Always 5
------	---------------	-------------	-------------------	-----------------	-------------	--------------------

#6A-Leading/Administration/Organization

A:	0	1	2	3	4	5	Sum: _____ /25
B:	0	1	2	3	4	5	
C:	0	1	2	3	4	5	
D:	0	1	2	3	4	5	
E:	0	1	2	3	4	5	

#7A-Mercy/Compassion

- A: I can see the emotional and spiritual needs of others.
B: I get involved where I see heartbreak
C: When others suffer, I suffer with them
D: I see when others are hurting and enjoy helping them.
E: I desire to alleviate the distress of others

Key:	Not Ever 0	Hardly 1	Occasionally 2	Frequently 3	Mostly 4	Almost Always 5
------	---------------	-------------	-------------------	-----------------	-------------	--------------------

#7A-Mercy/Compassion

A:	0	1	2	3	4	5	Sum: _____ /25
B:	0	1	2	3	4	5	
C:	0	1	2	3	4	5	
D:	0	1	2	3	4	5	
E:	0	1	2	3	4	5	

***Place your highest number scores below (Example: Sum 23 – Mercy/Compassion)**

Top 3 Scores:

Sum _____ - _____

Sum _____ - _____

Sum _____ - _____

Romans 12:4-8 *“⁴ For just as each of us has one body with many members, and these members do not all have the same function, ⁵ so in Christ we, though many, form one body, and each member belongs to all the others. ⁶ We have different gifts, according to the grace given to each of us. If your gift is prophesying, then prophesy in accordance with your^[a] faith; ⁷ if it is serving, then serve; if it is teaching, then teach; ⁸ if it is to encourage, then give encouragement; if it is giving, then give generously; if it is to lead,^[b] do it diligently; if it is to show mercy, do it cheerfully.” (NIV)*

Inventory (B) **Talent(s) & Skills**

Read each talent and skill and **determine if you operate in that quality. If it does, then circle whether it is a talent (T) or a skill (S). If this quality does not apply to you, skip to the next quality. Talents are inherited and Skills are developed.*

**Key: Your purpose might involve a skill, talent, spiritual manifestation, or ministry gift. However, your motivational gifts from “Inventory A” will be the driving force.*

#1B-Administration (T or S) circle

- I like to organize material.
- I like setting goals.
- I like managing time to complete goals.
- I like organizing words.

#2B-Agriculture (T or S) circle

- I enjoy working the ground (planting).
- I like researching how different crops react to different soil.
- I like the idea of growing varieties of fruits and vegetables.
- Raising animals to maximize their utility is important to me.

#3B-Arts & Entertainment (T or S) circle

- I love to express myself in creative ways.
- I like using my gifts to mirror what is happening in our culture.
- Hearing and telling stories is something I enjoy.
- I enjoy performing myself and with others.

#4B-Builders (T or S) circle

- I like building things for public consumption.
- I can use plans to create models.
- I like to figure out how to erect objects.

#5B-Business (T or S) circle

- I like starting companies.
- I like organizing products and services.
- I have a burning desire to accomplish the vision for an organization.
- I like managing my time to complete tasks and organize events.

#6B-Chef (T or S) circle

I enjoy making and sharing my favorite dish.
I like to organize when I prepare meals.
I am creative when cooking.
I can multi-task well in the kitchen.

#7B-Coach/Mentor (T or S) circle

I am goal oriented and observant of the gifts in others to support them in achieving their goals.
I consider myself to be patient and a clear communicator of how to reach a goal.
I like helping others see their potential and coming alongside them in their discovery and personal growth.
I like to be positive, enthusiastic, supportive and focused when helping others.

#8B-Community (T or S) circle

I like feeling that I belong in a group.
I care about what is going on in my neighborhood and those around me.
I use my goods, services, recreation, and social activities to engage with people.
I like feeling a shared sense of history and I like quality interactions with those around me.

#9B-Craftsman (T or S) circle

I like creating things with my hands that reflect history and tradition.
You can see passion and heart in the things I create.
I like sharing my knowledge by creating things with my hands.
I like to achieve mastery in my craft.

#10B-Economics (T or S) circle

I like reviewing data, observing patterns that influence human behavior.
When it comes to financial information, I can think in a logical and critical manner.
The way in which people create, use and distribute goods and services interest me.
I enjoy learning about how production, trade, and regulation factor into everyday life.

#11B-Education (T or S) circle

I am a strong communicator in my subject area.
I am patient when working with others learning a new skill.
I am a life-long learner.

#12B-Engineer (T or S) circle

I like using logical thinking and reasoning in my approach to things.
I pay close attention to details when using my hands or my mind.
I like solving problems that involve math.
I am a team player when it comes to constructing or building.
I like to think analytically and outside the box.

#13B-Encourager (T or S) circle

I like encouraging others a lot.
I am optimistic about things.
I like to encourage others to do their best.
I look for ways to inspire others.

#14B-Hope (T or S) circle

I have confidence knowing that everything will be o.k.
I have a strong unshakable ability to believe for positive things to happen.
I like to encourage others to see the positive side of things in their future.

#15B-Family (T or S) circle

I have a heart for children.
Seeing homes healed and made whole is a great joy for me.
I believe that the key to better community is through better families.
I seek to put the lost and hurt among good people.
I like to help couples work out their problems.

#16B-Giving (T or S) circle

I give with a selfless heart.
I enjoy blessing others.
I would rather give my last to someone who needs it versus keeping it myself.
I'd rather give a present than to receive one.
I am an avid donator.

#17B-Government (T or S) circle

I tend to follow politics.
I like to be a service to my community.
I like creating community standards and safety.
I want to create an economy where people can thrive.
I want to create policies to better the community.

#18B-Health and Beauty (T or S) circle

I like helping others achieve their desired personal look.

I like to be creative while using my hands to enhance beauty.

I have a welcoming personality when working in a close environment while helping others choose their personal style.

I have the ability to sell products that make others feel good about their individual style.

#19B-Hospitality (T or S) circle

Helping others brings me great satisfaction.

I look for ways to fulfill others' needs.

I like fulfilling tasks that others find either daunting or insignificant.

I enjoy doing what I can in helping to prepare public and private events.

I have a strong heart in remembering to celebrate others.

#20B-Judicial (T or S) circle

I believe in law and order.

I believe everyone has a right to receive fair treatment.

I have a deep desire to see and make the world a better place through policies and laws.

I like seeing justice for people, communities and society.

#21B-Landscaping (T or S) circle

I pay attention to details when observing yards and gardens.

I have good listening skills when it comes to projects that help people enjoy the outside and the beauty that is around us.

I have a passion about working with my hands to help others see the beauty that is around us in nature.

I have a strong work ethic when it comes to completing outside projects with nature.

#22B-Legal (T or S) circle

I care about seeing others get justice.

I enjoy discussions with good arguments.

I have good emotional balance when judging difficult situations and can share my feelings emphatically.

I have good negotiation skills.

#23B-Librarian/Historian (T or S) circle

I enjoy organizing books.

I enjoy helping others find resources to obtain knowledge.

I like reading books and magazines.

I like managing people and historical information.

#24B-Medical & Counselor (T or S) circle

I like studying best practices for healing people through medicine.
I believe God can use medicine to heal people.
I have a heart to help those who are suffering physically.
I like helping people to create strategies to improve in their physical and mental health.
I like helping people to understand their temperament, mind and soul (emotions) so they can rise above physical and mental conflict in their bodies.

#25B-Media (T or S) circle

I enjoy performing for others.
I prefer computer related tasks over manual labor.
I believe the key to great communication is through writing, relevant information, and right words.
I enjoy creating engaging content and conversations for my audience.
I have a nose for getting to the truth of the matter and will do the necessary research to get all the facts.
I have the drive and the creativity to implement sound and intriguing strategies.

#26B-Science (T or S) circle

I am curious about the world.
I am patient when seeking information and recording it.
I like observing and evaluating patterns and making models to study.
I believe failed experiments provide answers as well as successful ones.

#27B-Writer (T or S) circle

Grammar is a strength.
I like sharing my thoughts and feelings in writing.
I am the “go to person” for random written tasks.
I like to influence, engage and inspire others by writing.

Inventory (C) Spiritual Manifestations (Supernatural)

** Read each manifestation example and recognize/circle the number if this is a manifestation that you have.*

**Key: Your purpose might involve a skill, talent, spiritual manifestation, or ministry gift. However, your motivational gifts from “Inventory A” will be the driving force.*

#1C-Wisdom

I receive God’s thoughts through prayer and studying His word.
God gives me insight about people, places, and things.
I teach others how to deal with things that happen.

#2C-Knowledge

I can display a fragment of the mind of God regarding a person, place, or thing.
I seek God’s knowledge through prayer, worship and fasting concerning God’s vision.
I have the ability to hear from God concerning His Kingdom.

#3C-Faith

God uses me to speak His truths.
God uses me to speak blessings.
God uses me to remind people of His promises.

#4C-Healing

I believe in God’s ability to heal and restore.
I pray for the sick often.
I believe that healing is God’s will for His people; even today.

#5C-Miracles

God uses me to enact His miracles.
God uses my faith to hear, see and proclaim His blessings/healings.
I believe God has perfect timing and I position myself to operate in it.

#6C-Prophecy

God uses me to tell what will happen in the future.
I speak, sing, and teach under divine inspiration.
God uses me to declare His promises.

#7C-Discerning of Spirits

Under divine authority, I can judge right from wrong.

I can tell which spirits are operating in situations (Spirits of God, evil, or man).

I can sense what motivates others so I can speak and pray appropriately.

#8C-Tongues

God uses my heavenly language to edify, exhort, and comfort.

I proclaim God's word/messages through prayer in a heavenly language.

I declare the glory of God in a heavenly language.

#9C-Interpretation of Tongues

God uses me to interpret a heavenly language.

God speaks through me using a heavenly language.

God uses my heavenly language to warn, declare and proclaim.

1 Corinthians 12:7-11 "Now to each one of the manifestations of the Spirit is given for the common good. To one there is given through the Spirit a message of wisdom, to another a message of knowledge by means of the same Spirit, to another faith by the same Spirit, to another gifts of healing by that one Spirit, to another miraculous power, to another prophecy, to another distinguishing between spirits, to another speaking in different kinds of tongues, and to still another the interpretation of tongues. All these are the work of one and the same Spirit, and He distributes them to each one, just as He determines." (NIV)

Inventory (D) Ministry Gifts

*** Read each office example and recognize/circle the number if this a gift that you have.**
***Key: Your purpose might involve a skill, talent, spiritual manifestation, or ministry gift.**
However, your motivational gifts from “Inventory A” will be the driving force.

#1D-Apostle (Office)

I am commissioned to establish truth and order in the Body of Christ.
I am often sent away to propel the vision of God forward while establishing churches.
I operate in the governmental authority of God and have supernatural patience to establish churches.

#2D-Prophet (Office)

God has given me a senior role of direction and influence in the Body of Christ.
God appoints me to speak what He declares.
God puts His words in my mouth to proclaim His divine calendar events.

#3D-Evangelist (Office)

I am commissioned to share the “Good News” of Christ and preach the Gospel.
I am designed to lead people to repentance.
God uses me to perform miracles that attract unbelievers.
I lead missionary teams to travel and tell others about the goodness of Christ.
I have a heart to see the lost saved.

#4D-Pastor (Office)

I enjoy teaching and sharing messages toward maturity in God’s Word.
I have a heart for God’s people and their personal, emotional and spiritual well-being.
I am commissioned as a spiritual leader in a local church and oversee its operations.

#5D-Teacher (Office)

God has equipped me to be an effective communicator of biblical truths.
I am called to lead groups in the local church, through various modes, to rightly divide God’s Word.
I am called to use the Word of God to equip the Body of Christ for every good work.

Ephesians 4:11-12 “Now these are the gifts Christ gave to the church; the apostle, the prophet, the evangelist, and the pastors and teachers to equip the saints for works of ministry and to build up the Body of Christ...” (NIV)

Notes

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

Annual Vision Book Overview

In your packet, you have an Annual Vision Book Template. Use it to create your own Annual Vision Book which you will review and update once a year. Below is what is inside.

Who Am I?

Romans 12:1-2 NKJV

Scriptures For The Year

Personal Prayers

What Is My Purpose?

Purpose, Vision, Mission/Impact Statement

Vision Board

How Do I Walk In My Purpose?

SMART Goals

Time Management

Define Relationships

Develop Relationship Prayers

Bible Study Tool

Begin collecting scriptures for the Annual Vision Book Template. You should have at least 3 this week. Follow the example prayer on the Prayers page and develop your personal prayer!

Every person is created with God-given potential to make a difference in the world. This Annual Vision Book will be a yearly guide to help you stay focused.

Notes

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Notes

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SESSION 2

DEVELOP DIRECTION BY WRITING A
PURPOSE, VISION, MISSION/IMPACT STATEMENT

Definitions

WHY = PURPOSE: The reason something exists or is done, made, or used.
(dictionary.com)

Your **WHY**: Know and understand why you exist.

WHAT = VISION: The act of seeing what you want to accomplish.

Your **WHAT**: The art of visualizing/seeing what needs to be done;
picture/bring to life for yourself and others what you are doing or trying to achieve.

HOW = MISSION and IMPACT: A personal or assigned task or specific duty and the resulting effect. Impact is having a strong effect on someone or something.

Your **HOW**: Identify the overarching strategy, plan, and method to be used to reach your goals, accomplish your vision, and impact others.

Completing Part A

WHY = KNOWING YOUR PURPOSE

Example 1:

- My purpose is to use my teaching and exhortation gifts

Example 2:

- My purpose is to use my organizational and leadership skills

Use the Motivational Gift Inventory (A) as needed.

If you use another inventory, you will need to include your motivational gift in your statement.

Example 1:

- My purpose is to use my skills as a carpenter to serve and organize

Example 2:

- My purpose is to allow God's healing power to flow through me to serve the body of Christ and show compassion

Draft Part A on page 36 of your workbook.
The (why). Follow the example above.

Completing Part B

WHAT = SEEING THE VISION

Where you can accomplish it and the action words that support you doing it.

Example 1:

➤ In the community, to empower and inspire

Example 2:

➤ In the community, to help and develop

Draft Part B on page 36 of your workbook.

The (where) and (action verbs) and what it looks like. Follow the example above.

Completing Part C

HOW = KNOWING THE MISSION and IMPACT

Example 1:

- Mission: others to seek their purpose
- Impact/Do: establish goals to walk in their purpose

Example 2:

- Mission: organizations build teams and standard operating procedures
- Impact/Do: to paint a clear picture in the pursuit of their goals and objectives

Part C, shows how your purpose and vision impact others and WHAT THEY WILL DO IN RESPONSE

Draft Part C on page 36 of your workbook.
The (how). Follow the example above.

Drafting Your Purpose Statement

PART A: Select 1-3 gifts from your time in reflection or Inventory A that best motivate you.

PART B: Determine where and how you will use these gifts.

PART C: Describe the impact you envision your gifts and actions will have on others.

Now, you will write your PURPOSE STATEMENT.

Example:

PART A My purpose is to use my **(teaching)** and **(exhortation)** **(gifts)** **PART B** in the community **(where)** to empower **(action verb)** and inspire **(action verb)** **PART C** others to seek their purpose **(mission)** and establish goals to walk in their purpose **(impact/do)**.

Write your combined statement (Parts A, B, & C) on Page 37 in your workbook.

Spend time in meditation and reflection and adjust if needed.

Your statement should be used daily as a demonstration of how God uses you in different environments. You will also use your statement in Session 3 to complete your Vision Board.

Writing Your FINAL Purpose Statement

Transfer **A, B, and C** onto the lines below:

My purpose is to use my...

Another example of a **PURPOSE STATEMENT**:

*My purpose is to use my **organizational** and **leadership skills in the community** to **help organizations build teams and then develop standard operating procedures to paint a clear picture in the pursuit of their goals and objectives***

PURPOSE is the reason for which something exists, is done, or is made, or used. Knowing and understanding what you were created to do is critical to your success.

It's a Setup!

Cultivated Gifts

Reflection

Do you pay attention to the details in your life?

Growing up in a challenging environment in California put many obstacles in my path.

I entered the military at age seventeen and achieved my goals in military promotion. I remember the pain of being told to write standard operating procedures, which seemed so painful. I later learned it was a true blessing that I would use over and over in my life. Thus began my journey in building teams while replicating standards. Others often see your gifts and talents before you do.

Upon retiring, I went into the education field, moving from teacher, to dean, to assistant principal, to principal. My principal experience was setting up a new school and implementing standard operating procedures...go figure!

*Now, I realize that all my trainings were a setup for a step up! My **purpose** is to use my **organization** and **leadership** skills in the **community** to help organizations **build teams, develop standard operating procedures, and paint a clear picture in the pursuit of goals and objectives**. These experiences, challenges--and some obstacles-- have made me a stronger leader with a stronger mindset.*

Reflections will help you pay attention to and organize what God is teaching you. God helps you see what you are naturally good at, what you are trained to do, and how He wants to use you in His Kingdom.

I am a Vision Walking!

Intentionally helping others see how we are uniquely connected!

Organizing Thoughts

To organize your thoughts, you will need to understand three key concepts:

1. **Meditation**
2. **Reflection**
3. **Prayer**

MEDITATION = Continual or extended thoughts.

REFLECTION = Serious thought or careful consideration (pondering, looking back).

PRAYER = Words used when asking for an earnest request or wish (Merriam-Webster).

Meditation Exercise: Find a quiet location. Sit with your feet flat on the floor, hands or wherever they feel comfortable for 5 minutes. During this time, close your eyes.

Now, for 1 minute...concentrate on what you hear.

Now, for 1 minute...concentrate on what you smell.

Now, for 1 minute...concentrate on what your body is saying (be aware of your senses and what they are telling you).

Now, for 1 minute...concentrate on what your Heart/Spirit of God is saying. Quietly listen to your inner thoughts.

Now, for 1 minute...write down your thoughts or journal your experience.

You are learning to meditate and focus on one thing (you are not trying to empty your mind).

REFLECTION: Continually reflect on what God is revealing to you and find scripture that support it.

PRAY: That God will remove distractions from your life so you can hear Him!

Experiences, Struggles and Trials

You are unique because of the **experiences, struggles, and trials** in your life that help define you. Relationships are critical to purpose. Some struggles align with future victories and point to your purpose. I've learned that relationships will be challenged!

Reflection

Many years ago, I entered the master's program at a reputable university in my city. Needing only one class and my internship, I was set to receive my diploma. However, the one class would cause a major delay in my mission.

After six months of study in the class, I received an "F" on the final and failed the class. Amazed, wounded, and hurt, I cried! Then I became angry! Then I prayed and felt compelled to repeat the class. Surely, my heart was misleading me for I knew that I had done well in the class and could not understand the grade. However, being obedient to my Spirit, I took the class over. Another six months of study was before me.

During that time, the professor would remind me and others, on many occasions, that I had failed the class. I also noticed that the instructor was teaching completely new material. I knew I had to change my attitude and my way of looking at my struggle in this class. So, I became a model student and worked doubly hard at achieving and sharing ideas.

It was during this time that I developed an assessment that I currently use in every aspect of my teaching today. Upon prayer, I realized that the information that I learned while taking the class over, and the information I learned from the first session compiled together, was fascinating.

Today, with the types of students that I support-- those struggling with processing concerns, dyslexia, etc.-- I realize that I needed both classes to help my students be successful.

Sometimes, our greatest struggles are where new ideas and concepts are birthed. The Dean of the college came to me one day and told me that the teacher who had taught the class sang my praises in a staff meeting, stating that my attitude in failure was one of the best she had seen, and that she was excited to see my "A." The instructor soon gave me a hug at an elevator! I hugged her back, grateful for the special gift—she has taken me to new levels in my teaching and knowledge.

Sometimes, our greatest struggles in life lead to our greatest victories.

I am a Vision Walking!

Intentionally helping others see how we are uniquely connected!

Experiences, Struggles, and Trials

My **PURPOSE STATEMENT** of being a teacher and exhorter is unique in how I use it. Someone else can have similar gifts, but what makes me unique are the trials I've gone through that only I bring to an environment. The struggles and what I've learned that have helped me to be a better person is what makes me unique. My willingness to share my experiences with others helps them to also be overcomers. My walk is inherent to those that need what is inside of me.

Spend time in reflection and write down any EXPERIENCES, STRUGGLES, and TRIALS that could be pointing to your unique purpose.

How We See

Vision

What we see over and over can impact our thinking. Our environment impacts our thinking. Train your eyes to see your Purpose, Vision, and Mission/Impact clearly.

Reflection

Bill Winston says, “Our imagination is the part of our mind where we can visualize something that is not manifest in the physical world around us. We can imagine something based on a previous experience or acquired knowledge” (Transform Your Thinking, Transform Your Life, pg. 30).

Our natural eyes have many parts that help us to see.

An optometrist shared that genetic make-up, random genetic events, improper eye shape, overuse of screens, and age can impact how we see. Also, our experiences and innate personalities can change how we see. We often see what we expect to see. He said that the eyes can be trained to see. A farmer on a large ranch can sometimes see far beyond what someone else sees because he has trained his eyes to recognize an animal from a far distance or he can distinguish his cattle from someone else’s because his eyes are trained.

An Airborne Ranger explained that a “Point Man” leads in battle and can recognize movement that others might miss. He is trained to see things differently. He has a tactical advantage because he is trained to see the enemy before the enemy sees him.

Begin to Walk in Vision

We believe that “Walking in Vision” is a process.

VISION WALKING is seeing yourself walking in your purpose.

When others see you, they see the qualities that best define you.

They see you using your gifts to impact others.

That’s when you become a “**VISION WALKING**” --Mastering your gifts.

“Intentionally helping others see how we are uniquely connected”

The Vision Walking Poem and Song

Vision Walking

Strong, creative,
positive and ever changing—
You are a **Vision Walking**.

The road is full of
hopes and dreams.

Everything you do is connected
to how you see.

Be it hill or mountain,
the path you choose is key.

You're never alone
on the journey.
A **Vision Walking**...
Now help others see.

The poem/song teaches us that we become what we meditate on. What we meditate on, we develop. It is important to know that we are **strong, creative, positive** and **everchanging**.

Meditate on those qualities you listed in your time of reflection. Obstacles come, but the important thing is to continue to listen to your heart and negotiate every obstacle with a Spirit of peace.

We believe that you are never alone on the journey as God pulls you toward your life's vision when you seek Him!

Why Vision?

A Vision Board is a collage of images that reflect your life.

Our life has meaning. We see what we believe to be true. A **Vision Board** is a collage of images that reflect your life. This Vision Board has three views:

1. **Telescope View**
2. **Microscope View**
3. **Kaleidoscope View**

The **Telescope View** takes the currently distant vision and pulls it closer to you
President Kennedy had a vision to put a man on the Moon. On July 20, 1969, APOLLO 11 landed Neil Armstrong and Buzz Aldrin on the Moon.

The **Microscope View** is observing the small things that motivate you
What are you naturally good at and what are some of your deepest challenges or struggles.

The **Kaleidoscope View** is understanding seasons and observing patterns
Observe seasons and patterns and discern how it all comes together.

**“Write the vision, and make it plain upon tablets, that he may run that reads it.”
- Habakkuk 2:2**

Our mission is to create a plan that supports the vision so we can help others!

Hindrances to Vision

Webster defines **hindrance** as “the state of being interfered with, held back, or slowed down.”

Here are some **hindrances**:

1. Not a priority
2. Putting other things before the vision
3. Not clear on how to begin
4. Fear
5. Not seeking help
6. It's not your natural gift and requires a great deal of energy in motivation

List other **hindrances** to achieving your vision:

1.

2.

3.

Avoiding Hindrances

Follow Your Heart

Reflection

In 2010, a friend came to us and wanted to go in the education tutoring business with us as a partner LLC. He was providing an amazing building and resources for the first year. As tutoring children who struggle in reading, writing, and math was a passion, we felt this was sheer destiny. However, upon meditating for a few days and listening to our hearts, it was revealed that this was not something we should do. We soon realized that the partnership would bring division in our family.

We prayed that every door would open that we should walk through and for every door to close that was not in our destiny. That door closed quickly!

A few months later, we decided to do a mobilized tutoring center, which we still operate today to help struggling students. This center fits our lives and schedules. We team with many teachers and educators to run it. We call this center Forever Learning on Wheels (FLOW).

FLOW was started as an LLC and soon became a 501(c)(3) - another decision that was made through meditation.

It is very important that you listen to and are guided by your heart and not by sight or what is popular based on what someone else thinks. Everything that seems good might not be good for you and can hinder your mission! Follow your heart/the Spirit of God!

Why Having a Vision is Important

When you are doing what you were created to do, no one has to motivate you; the vision pulls you. You keep moving forward, and because you are faithful in the small things, the vision increases.

Quotes

“If you are working on something exciting that you really care about, you don’t have to be pushed. The vision pulls you.”

- Steve Jobs

“If you can’t fly then run, if you can’t run then walk, if you can’t walk then crawl, but whatever you do you have to keep moving forward.”

- Martin Luther King, Jr.

“Create the highest, grandest vision possible for your life, because you become what you believe.”

- Oprah Winfrey

“Where there is no vision, there is no hope.”

- George Washington Carver

“A man without a vision is a man without a future. A man without a future will always return to his past.”

- P.K. Bernard

You Become A **VISION** WALKING

- When you are “Walking” in Romans 12:1-8
- When you understand your purpose, write a statement, and use that statement every day as part of your walk in your relationship with God.
- When you know the vision for the season you are in based on what God is doing in your environment.
- When you write goals and accomplish them.
- When you master the gifts that God has given you, according to His Word, and you use those gifts to impact others in a positive way, you become a Vision Walking...God’s Vision Walking.

Review “Breakthrough” on page 50 which details the power of our words as it relates to Purpose and Vision.

Breakthrough

Reflection

The Power of Our Words

A woman had a child, and the child grew up angry because he did not know his father, and his mother was always at work. She did not have enough time to spend creating memories with her son because she worked extremely hard! The son grew up to be disobedient, insensitive, confused, and self-centered. The mother began to speak what she saw her son doing in the natural (“disobedient,” “insensitive,” “confused”). She called him these names and he resented this for years and years. He eventually left home and had very little to do with his mother.

The mother met some people, started going to church, and found a group of friends who spoke positive things about people. She began to hear a different way of speaking. The mother soon began to pray and ask God how she should pray for her son. In her heart she heard that her son was created to be a great communicator, a team player, a leader, a coach, and a motivator for young people. This mother began to speak her son’s purpose.

“My son will use his excellent communication and leadership skills to motivate young people and coach them in their pursuits.”

*Slowly but surely, she began to see change in her son’s life. He began to call her, and they embarked on a relationship that was healthy and safe. He later gave his life to Christ and became a key player in the church and in community youth programs. Her son became a **VISION WALKING**.*

We need to see beyond what our “natural eyes” see.

Our **WORDS** have powerful **IMPACT** on others.

How We See

Our life has meaning. We see what we believe to be true and what is in our hearts. We must learn to see beyond what our natural eyes can see.

We cannot see what we do not believe.

We need to spend time in meditation and reflection to see what is in our hearts.

What is in our hearts can be displayed in various ways, to include **Vision Boards**.

Remember you are not just walking through life but are listening to what your heart is saying and taking control of your life. You will begin to see the building blocks to your vision.

I can see that there are more on my side than against me.
I must seek to connect with those who will walk with me
and speak positive things over me.
My **THOUGHTS** and **WORDS** are aligned to my purpose
and I see the vision unfolding.
I am taking control of my life.
I am a **Vision** Walking!

Annual Vision Book

Continue to build your Annual Vision Book Template! Collect another 3 scriptures to add to your Annual Vision Book Template. Copy your Purpose, Vision, Mission/Impact Statement into your Annual Vision Book Template.

Who Am I?

Romans 12:1-2 NKJV

Scriptures For The Year

Personal Prayers

What Is My Purpose?

Purpose, Vision, Mission/Impact Statement

Vision Board

How Do I Walk In My Purpose?

SMART Goals

Time Management

Define Relationships

Develop Relationship Prayers

Bible Study Tool

Notes

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Notes

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

The background features large, abstract, overlapping shapes in bright yellow and a muted grey. The shapes are organic and flowing, creating a modern, minimalist aesthetic. The yellow shapes are more prominent, while the grey shapes provide contrast and depth.

SESSION 3

SEASONS AND DEVELOP A VISION BOARD

Seasons

In defining your seasons, it is critical to examine what God is doing in the earth. The best way to understand what God is doing is by spending time with God meditating and reflecting on your life. Also, spending time in prayer and reading scripture are key components to understanding seasons.

A properly aligned “Vision Board” can bring clarity to your season and detail how God is using you to accomplish what He has purposed for the community in which you operate. Pay close attention to what is around you. (family, neighborhoods, work places, etc.) Sometimes before we can try to speak to nations, God wants us to speak to what He puts directly in front of you. Don’t stop praying for the nation and leaders, it’s a command, but your sphere of influence could be what is directly in front of you.

In this session, we will use a cup to reflect on things in our life that we had done (jobs, careers, professions, assignments etc.) and discuss how “all things can work together for what God is doing” and how He uses you to help accomplish His will in the earth! God can even use our mistakes to help mold us.

God is key to knowing which season you are in and understanding when it’s time to move into a new season. Oftentimes God is developing our character and wants us to “break up the fallow ground” which means deal with the issues in our heart. The promises of God are Yes and Amen. Division can often prohibit you from receiving God’s promises.

“John 14:26 reminds us “But when the Father sends the Advocate as my representative, that is the Holy Spirit, He will teach you everything I have told you.” He will bring it back to your memory.

God wants us to have peace of mind and heart! When our plans are opposite of God’s it creates division (di-vision) two visions. God will allow you to work your own vision, but you should desire the “heavenly vision” for your life!

Your Purpose, Vision and Impact statement will connect to your place of worship. The bible says that we are not to forsake the assembling of ourselves together. (Hebrews 10:25) “Intentionally, helping others see how We are uniquely connected.” (LOVE others, forgive others, pray for others)

The 7 Mountains of Influence

The 7 Mountains of Influence written by Bronwyn O'Brien, remind us of those areas/mountains that God wants us to impact and have influence over: Family, Religion, Education, Business/Finances, Government/Military, Arts and Entertainment, and Media.

These 7 mountains/areas are some examples of how God positions us to transform our communities.

The New Testament teaches us about the Kingdom that Christ established on the earth and Christ came that we may have life and that more abundantly.

A properly aligned "Vision Board" can bring clarity to your season and detail how God is using you to accomplish what He has purposed for the community in which you operate. Pay close attention to what is around you. (Family, neighborhoods, workplaces, etc.) Sometimes before we can try to speak to nations, God wants us to speak to what He puts directly in front of you. Don't stop praying for the nation and leaders, it's a command, but your sphere of influence could be what is directly in front of you.

Vision of the House

Align your gifts with what God is currently doing in your environment.

Example of a church vision statement

- Experiencing God
- Connecting People
- Serving Others
- For Life Made Better

Attending the local church (experiencing God and connecting people)

Usher (connecting people and serving others)

Notes:

What Season Am I In?

“He makes everything beautiful in its time” – Ecclesiastes 3:11

God knows the appointed time for everything. You are in this generation for a reason.

- Am I connected to God’s Vision for me? (Romans 12)
- Am I using my Purpose, Vision, and Mission/Impact statement where God has placed me?
- Am I looking at the mountains of influence to see where God is using me and where He is giving me influence?
- Am I using the name of Jesus (my authority) and the Blood of Jesus (my power) to go ahead of me in all I do?

In this Session, we use a cup to reflect the seasons in your life (jobs, positions, gifts, talents, skills, responsibilities etc.) The most important thing about the cup is all the lessons you learned from God during each season. All the things you’ve done/positions you’ve held; God can use your experiences even if you were out of place. When we reflect on our seasons and what you learned in each season, it can help build capacity to carry the vision that God is working in us. We are learning from each season and desire not to repeat negative “cycles”.

Examples: Was God teaching me how to “Trust” in that season? Was He teaching me “Faith”, “How to value my time”? Was He teaching me to submit my gifts to Him? Was He dealing with my pride? etc.

“Speak to Your Seasons” (marriage, finances, parenting, careers, listening). It is important to find scriptures that speak about those things that you are learning from reflection and meditation and speak those scriptures OUT LOUD!

The Cup: Example

This cup reflects 30 years of combined experiences. God was building our capacity in every position and program. We were learning from these experiences.



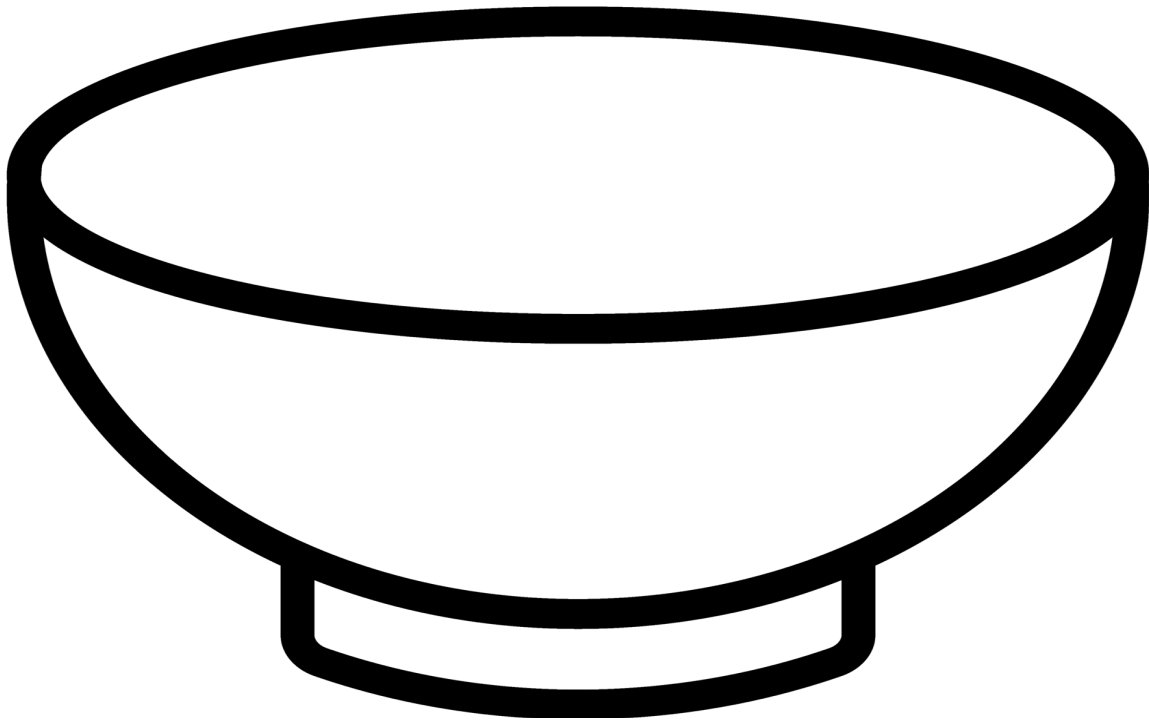
And we know that all things work together for good to them that love God, to them who are the called according to His purpose.

Romans 8:28 King James Version (KJV)

1

The Cup

Write down jobs, careers, positions, responsibilities, and programs you have been involved in throughout your career. Example: Coach, stay at home mom, health care provider, bus driver, speech writer, counselor, craftsman, singer, etc.)



Romans 8:28 (NIV)

And we know that in all things God
works for the good of those who
love him, who have been called
according to His purpose

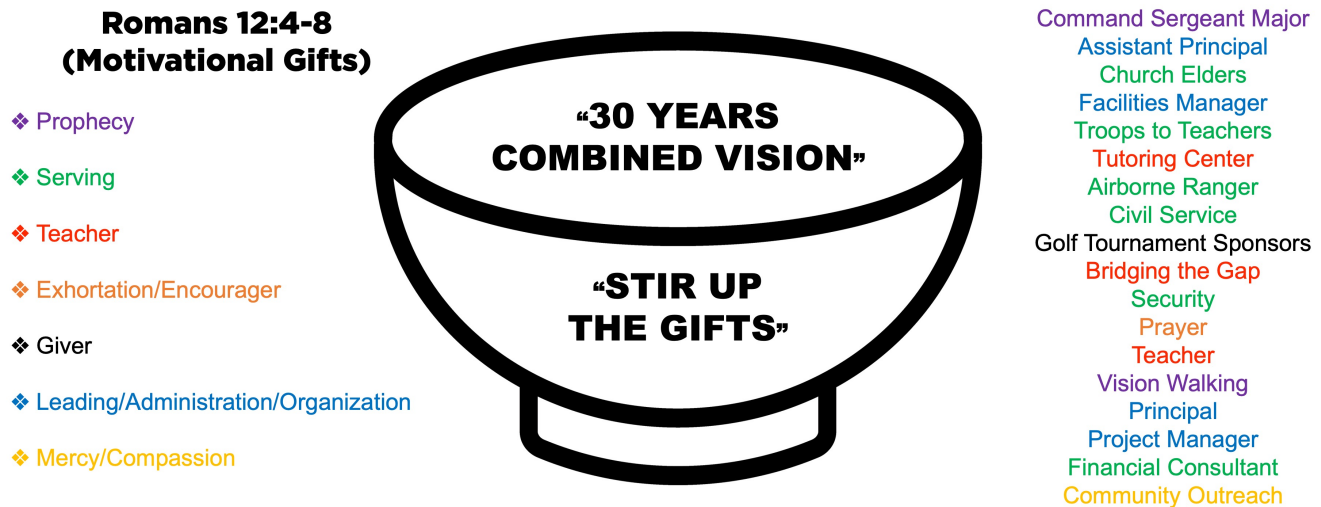
Stir Up the Gifts

Now reflect on why you went through those experiences in your life! What was God teaching you? Write down what you learned. Was God building character or capacity?
Example: In my job as a teacher, God was teaching me patience and gentleness.

This image shows a blank sheet of white paper with horizontal black ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Motivational Gifts Cup: Example

This cup is an example of how each area of responsibility aligns with a “Motivational Gift” from Inventory A.



**And we know that all things work together for good to them that love God,
to them who are the called according to His purpose.**

Romans 8:28 King James Version (KJV)

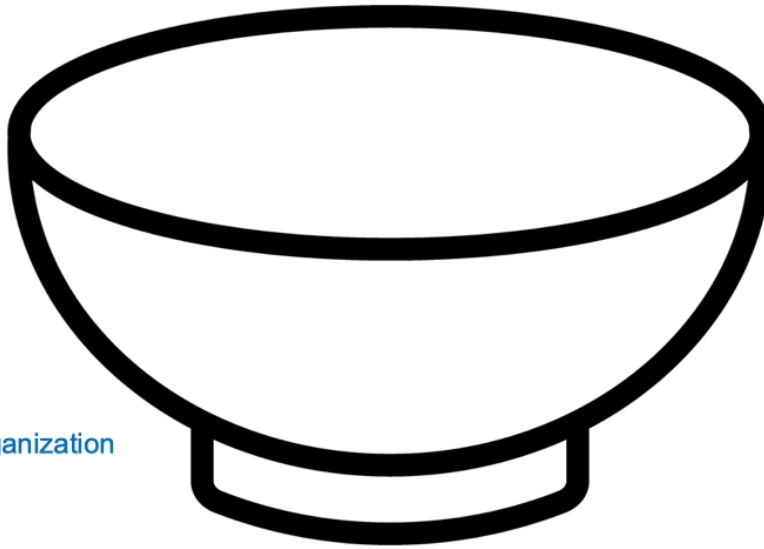
Motivational Gifts Cup

How do your Motivational Gifts connect to your real world responsibilities?

**Motivational Gifts
(Romans 12:4-8)**

- ❖ Prophecy
- ❖ Serving
- ❖ Teacher
- ❖ Exhortation/Encourager
- ❖ Giver
- ❖ Leading/Administration/Organization
- ❖ Mercy/Compassion

Real World Responsibilities



List your Real-World Responsibilities in alignment with the Motivational Gift that is associated with it. Color Code or draw lines if it helps. (Example, Page 63)

How Do My Experiences Connect to My Seasons?

- **Observing what God is doing in your community connects you to seasons.**
 - What major transformational projects are happening?
 - Where is the enemy attacking your community the most? This could be a transformational project.

- **Observe the 7 Mountains of Influence and see how you are connected to these areas. Below are a few examples.**
 - Are you representing God in government?
 - Are you reflecting God in worship? church
 - Are you demonstrating the love of God in your home? family
 - Are you managing God's resources well? finances

The cup reflects your experiences that God can use in His seasons. It's not about YOU! Your Season should be aligned to God's Seasons!
The key to success is spending time with God!

***All that you went through, all that you learned can work together for God's good!**

Vision Board

How to decide what to put on your **Vision Board**

- What are the things you are naturally good at?
- What do people ask you to do the most?
- What are your aspirations/desires in life?

Vision Board Action Steps

- ✓ Go back and review your purpose statement and the things you have mediated and reflected on.
- ✓ Put your vision board together.
- ✓ Use your vision board.
- ✓ View your board regularly.

Vision Board

A vision board is a collection of images, pictures, and affirmations of things you want to accomplish.

- It is a roadmap that helps you to see the vision clearly.
- It is your strategy, plan and or technique you will utilize to reach your goals.

Creating a vision board helps you conceptualize your goals and serves as a source of motivation as you work towards achieving your dreams.

Be passionate in creating your board!

Let's review the definitions from Session 2:

WHY = PURPOSE: The reason something exists or is done, made, or used.

Your **WHY**: Know and understand why you exist.

WHAT = VISION: The act of seeing what you want to accomplish.

Your **WHAT**: The art of visualizing/seeing what needs to be done; picture/bring to life for yourself and others what you are doing or trying to achieve.

HOW = MISSION and IMPACT: A personal or assigned task or specific duty and the resulting effect. Impact is having a strong effect on someone or something.

Your **HOW**: Identify the overarching strategy, plan, and method to be used to reach your goals, accomplish your vision, and impact others.

When creating a **Vision Board**, you should think about your **PURPOSE**, **VISION** and **IMPACT STATEMENT** that you wrote in Session 2. This statement is the key to creating your Vision Board. A Vision Board should align to what you want to accomplish in life. When developing your vision board, list things that you can manage, and as you grow in wisdom and knowledge concerning the “vision” adjust your board accordingly. Your Vision Board should help you stay focused on your life’s goals.

The **PURPOSE**, **VISION** and **MISSION/IMPACT STATEMENTS** below are relative to everything on the **Vision Board** examples:

PART A My purpose is to use my **(teaching)** and **(exhortation)** **(gifts)** **PART B** in the community **(where)** to empower **(action verb)** and inspire **(action verb)** others **(who)** to know their purpose **PART C** and establish goals to accomplish it **(what you want them to do)**.
(See Session 2)

Example: My purpose is to use my organizational and leadership skills in the community to help organizations build teams and then develop standard operating procedures to paint a clear picture in the pursuit of their goals and objectives

Re-write your **PURPOSE**, **VISION** and **MISSION/IMPACT STATEMENT** on the lines below.

Our life has meaning. We see what we believe to be true. A **Vision Board** is a collage of images that reflect your life. This Vision Board has three views:

1. **Telescope View**
2. **Microscope View**
3. **Kaleidoscope View**

Fill in the blanks as you read the definitions.



The _____ **View** takes the current distant vision and pulls it close to you.



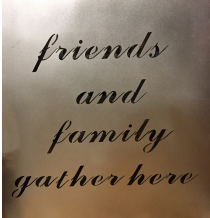
The _____ **View** is observing the small things that motivate you.



The _____ **View** is understanding and observing patterns.

Now let's look at an example of a vision board with these three views.

Example 1:

Telescope View	Microscope View	Kaleidoscope View
 Vision 20/20 – Looking Ahead Retirement Key Investments Real Estate  Vision is seeing beyond what I can see! God's vision is always bigger than mine.  Without good health, I can't accomplish all my goals. 	What I'm currently doing in my life:    	<i>All things work together for those called according to his purpose!</i>  <i>be still</i>  Blogging   I am a VISION WALKING 

The Telescope View

The **Vision Board** on the previous page is an example of the **Telescope View**, **Microscope View** and **Kaleidoscope View** in a different form. There are many forms in which you can develop your board. These are just examples. The example shows pictures listed vertically but you can create any form that captures all three views.

The example board lists the **Telescope View** vertically, taking the things you think and see that are in the distant future and pulling those things closer to you.

1. Spend time in reflection and list what you want to accomplish in the next 3-5 years.

2. Find a picture (clip art, magazine pictures, drawings etc.) for each thing that you wrote down.

3. Organize the pictures under a heading for **Telescope View.**

The Microscope View

The **Microscope View** is displayed vertically on the example board. Find pictures of all the small things that motivate you as they relate to serving others in the community (local or global). Organize your pictures under the heading for this view. Again, you can create any form that captures all three views.

1. Spend time in reflection on the things you are currently doing in your life.

2. Find a picture (clip art, magazine pictures, drawings etc.) for each thing that you wrote down.

3. Organize the pictures under a heading for **Microscope View.**

The Kaleidoscope View

The **Kaleidoscope View** is also displayed vertically on the example board. Remember...be creative. Your board should reflect your personality. Observe the patterns in your life. What are you doing now and why are you doing that at this point in your life? Meditating on the patterns you see in life are critical.

1. Spend time in reflection and observe things that you do or have done that are repetitive or that you are naturally good at and others call you to help them. Write them below.

2. Find a picture (clip art, magazine pictures, drawings etc.) for each thing that you wrote down.

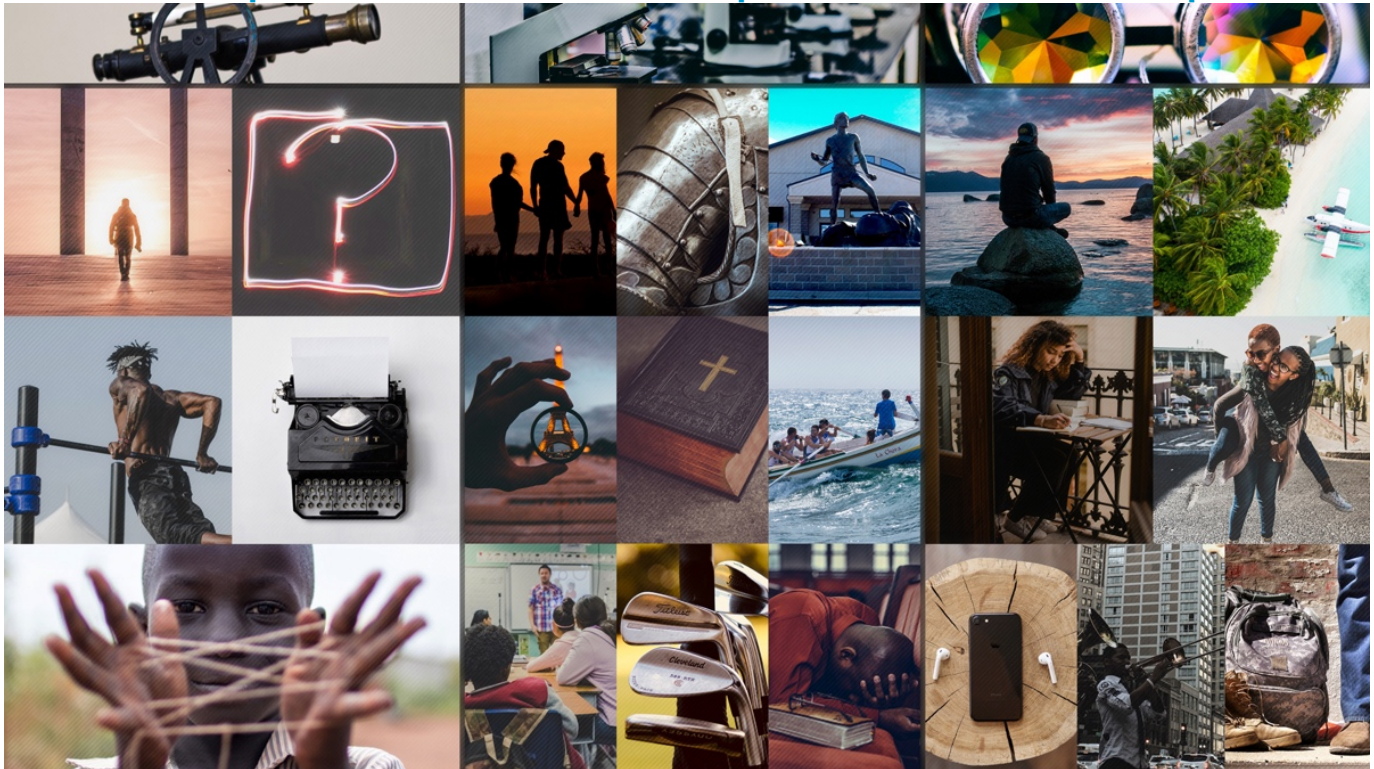
3. Organize the pictures under a heading for **Kaleidoscope View.**

Example 2:

Telescope View

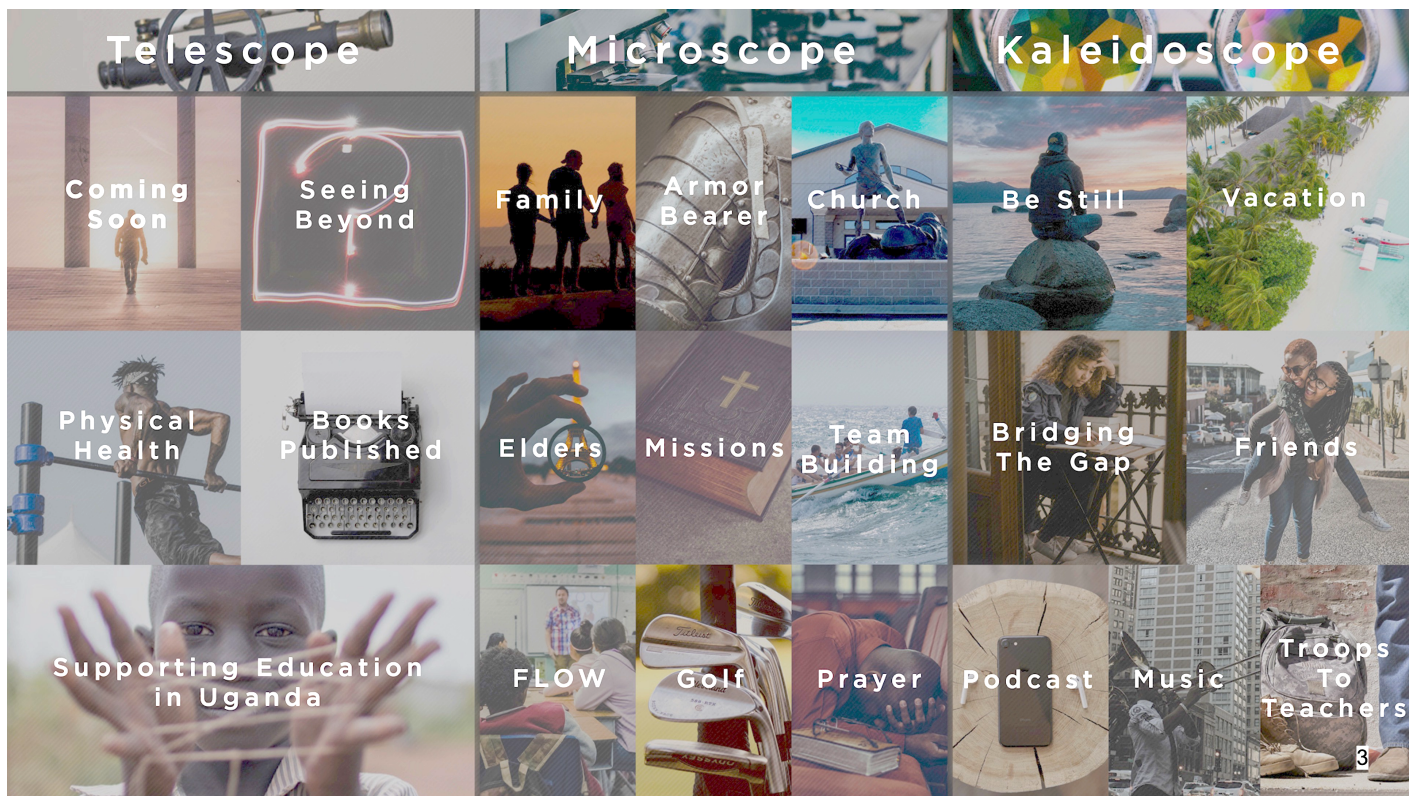
Microscope View

Kaleidoscope View



This board is taken from the **PURPOSE**, **VISION** and **MISSION/IMPACT STATEMENT** listed previously.

Explanation of the images in the Vision Board above.



An example of a Family Vision Board



VISION BOARD PRESENTATIONS

SCAN THIS QR CODE TO SEE SOME EXAMPLES
OF HOW TO PRESENT A VISION BOARD.



How to Use Your Vision Board

A **Vision Board** should align to what you want to accomplish in life.

Change your vision board as needed. The main goal of your board is to align your vision with the purpose for your life.

There will be many roads in your life. Your **Vision Board** will help you to walk in your purpose.

We believe that life is voice activated and that we can change the atmosphere with our words. Speak positive words about your Vision Board because we create what we continuously say out loud.

Learn to manage your time.

YOU are a Vision Walking!

Intentionally helping others see how we are uniquely connected!

Annual Vision Book

Continue building your Annual Vision Book Template! Collect 3 more scriptures to add to your Annual Vision Book Template. Then add your Vision Board.

Who Am I?

Romans 12:1-2 NKJV

Scriptures For The Year

Personal Prayers

What Is My Purpose?

Purpose, Vision, Mission/Impact Statement

Vision Board

How Do I Walk In My Purpose?

SMART Goals

Time Management

Define Relationships

Develop Relationship Prayers

Bible Study Tool

Notes

[illegible]

Notes

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

SESSION 4

VISION BOARD PRESENTATION

Vision Board Presentation

Now that you have completed your Vision Board, over the next seven days, present your Vision Board to at least two (2) people.

Your presentation should be similar to an “Elevator Brief” where you might have 2-5 minutes to present your vision to someone.

Include your purpose, vision, and mission/impact statement.

Proverbs 20:5 says, “The purposes of a person’s heart are deep waters, but one who has insight draws them out!” (NIV)

Continue to meditate, pray, and reflect on your “Vision Board” and adjust accordingly.

Annual Vision Book

Continue building your Annual Book Template! Collect the final 3 scriptures for your Annual Vision Book Template.

Who Am I?

Romans 12:1-2 NKJV

Scriptures For The Year

Personal Prayers

What Is My Purpose?

Purpose, Vision, Mission/Impact Statement

Vision Board

How Do I Walk In My Purpose?

SMART Goals

Time Management

Define Relationships

Develop Relationship Prayers

Bible Study Tool

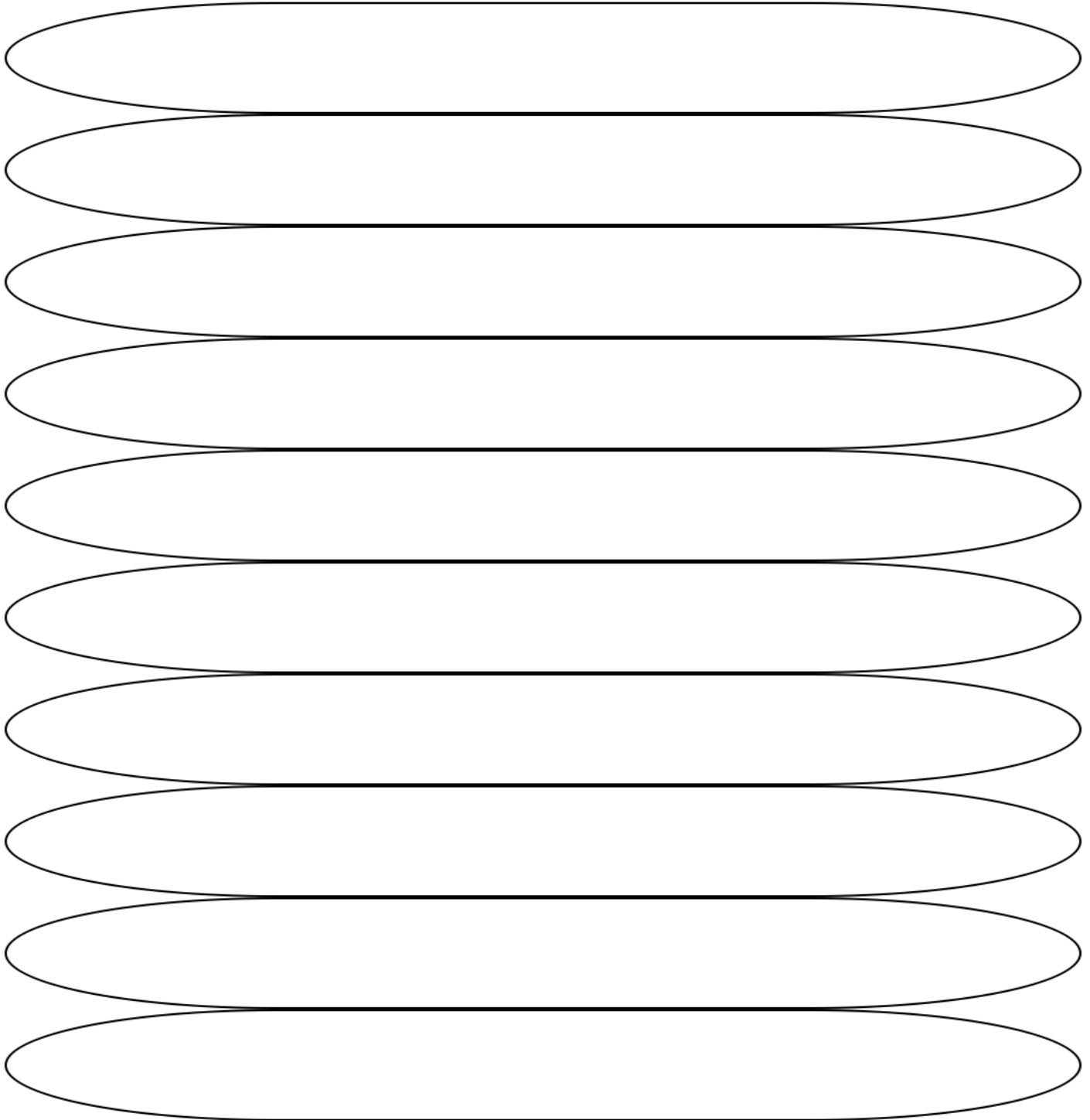
Time Management Sheet

As we move into our next Session on Goals & Time Management, monitor your time this week using this tool or another if you prefer. There are 168 hours in a week. How are you using them?

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
12AM							
1AM							
2AM							
3AM							
4AM							
5AM							
6AM							
7AM							
8AM							
9AM							
10AM							
11AM							
12PM							
1PM							
2PM							
3PM							
4PM							
5PM							
6PM							
7PM							
8PM							
9PM							
10PM							
11PM							

Time Management Categories

At the end of the week, separate your week into categories and use this tool to categorize your time. Write how you spent your time in each bubble. Then Divide your category by 168hrs to find the percentage. **Example: Work = 40hrs, $40/168=0.24$, 24%**

A vertical stack of 10 empty horizontal ovals, each intended for a user to write a time category and its duration.

Notes

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SESSION 5

SMART GOALS, TIME MANAGEMENT,
AND ANNUAL BOOK

In Session 2, we defined the mission as:

HOW = MISSION and IMPACT: A personal or assigned task or specific duty and the resulting effect. Impact is having a strong effect on someone or something.

Your **HOW**: Identify the overarching strategy, plan and method to be used to reach your goals, accomplish your vision, and impact others.

In **Session 5**, we are going to focus on the **MISSION/IMPACT** part of your **PURPOSE, VISION, AND MISSION/IMPACT STATEMENT**. We will be developing goals to help you accomplish your mission.

Re-write your **PURPOSE**, **VISION**, and **MISSION/IMPACT STATEMENT**.

PART A My purpose is to use my **(teaching)** and **(exhortation)** **(gifts)** **PART B** in the community **(where)** to empower **(action verb)** and inspire **(action verb)** others **(who)** to know their purpose **PART C** and establish goals to accomplish it **(what you want them to do)**.

Your goals should align with your Purpose, Vision and Impact statement and your Vision Board.

Goal

“A goal is an aim or a desired outcome” (Webster).
“The journey toward a desired outcome”

Goals should align with what you value

A common mnemonic concept for goal setting is **SMART** (author unknown).

Goals should be:

Specific
Measurable
Achievable
Relevant
Timely

1. What are you trying to accomplish?
2. How will you measure if you have achieved it?
3. Is this something you can do?
4. Is it relevant to your needs?
5. How long will it take you to do it?

Write Time-Specific Goals

I have a 360-page project to read in five days. Setting **SMART** goals will help me accomplish the project on time.

You can accomplish this through **reverse planning**. Seeing the end from the beginning.
Example:

1. **A 360-page reading project is due in 5 days.**
2. **Read 72 pages a day.**

After breaking up the larger tasks, determine if it is SMART:

Specific – Finish my 360 page project in five days

Measurable – 72 pages per day for 5 days

Achievable – I can read 72 pages per day

Relevant – This is the strategic direction to implement for success

Timely – 5 days

Write three SMART goals. One from each area of your Vision Board: Telescope View, Microscope View, and a goal from the Kaleidoscope View. As you refine your board, continue to write goals that align with your vision.

Setting Goals

Spending time daily in meditation and reflection with God:

- ✓ Books and articles that motivate you
- ✓ Speak positive words for family members and friends
- ✓ Have JOY! Stay focused on your goals
- ✓ Read the word of God continually

Be conscious of negative thoughts. A great prophet once mentioned a way to combat your distracted thinking. He said, "If your mind wonders, write down your thoughts and address that list later." This should bring closure to the distracted thought.

Example: If you are getting ready to do bible study and review scripture, the enemy will attack you and try to distract your thinking. Write down what the distraction is and then continue with the task.

Being present in the moment reduces stress and allows you to think more clearly.

Stay focused and seize your time effectively.

Relationship Goals

Everything you do will involve relationships!

Build positive relationships. Create atmospheres that develop relationships.

Some examples:

Movie nights, football/basketball gatherings, special dinners with friends, special time each week with spouse and family.

When it comes to relationships your goal is to be in relationships that help strengthen you. You also want to be in relationships with others who see your vision. All relationships should be defined. Defined relationships are an important element in reaching your goals. Everyone is not your “Best Friend Forever.” Some relationships are just time together; don’t push these relationships to be more than that. Some relationships are personal; describe your relationships and get a better understanding of what each relationship represents so that you don’t become offended and expect something that the relationship never intended.

The key is intimacy with God. When our relationship with God is correct vertically, our horizontal relationships with others will improve.

Who is in Your Corner?

What role should people play in your life?

- A parent
- A mentor
- A movie buddy
- A shopping buddy
- A study partner
- An acquaintance
- A confidant
- A traveling buddy
- A counselor
- A work peer
- Someone I can bounce ideas off of
- Someone who sits with me when I need a friend
- A person who pulls the vision out of me
- Someone who sees the best in me even when I'm at my worst
- Someone who will tell me when I'm wrong while still loving me

When you define the purpose of every relationship, you are less likely to place unrealistic expectations on people. You are not easily angered because you know the purpose of that relationship and can keep it within that context.

Defining relationships helps you to maintain your relationships better!

Note: Add defined relationships to your Annual Book and write prayers for them as well.

Relationships

Relationships can help empower you to walk in purpose. Personal relationships, especially those people who know you best, can help you see your strengths and push you. You need people in your corner who can see your vision and who will encourage and motivate you.

Reflection

My closest personal relationship, my spouse, helps to cultivate our relationship on a three-mile walk. We empower, encourage, and motivate each other.

First mile – we talk about work and business.

Second mile – we talk about family.

Third mile – we pray.

*One day, at the end of our third mile, while meditating and praying, we felt our hearts say to start a mobilized tutoring center to help students who were struggling. We had careers in education, and this fit the mold. We began to encourage one another to **build a team** to help us conquer this vision. Today, our team and 501(c)(3) education platform has given out over 600 scholarships. We host an annual golf tournament to help provide the resources for the business. The local community supports this fundraiser annually. We are grateful for the people who came alongside us to support the vision. Our Board of Directors can see the vision and push us to raise more funds to support students struggling in reading, writing, and math. We can see how we are all uniquely connected to a common cause that benefits our community!*

Write the names of people in your life who understand what you are trying to accomplish.

Next, write the names of mentors and coaches that you have had. These names can come from books, etc. It doesn't have to be someone you know personally.

If you cannot think of anyone for either of the sections above, spend time finding individuals who can support and share in your vision and after reflecting, write those names below.

Hindrance: Fear

FEAR: False Evidence Appearing Real

Manage Fear

- Get out of your comfort zone.
- Challenge irrational thoughts.
- Fear doesn't go away, we learn to manage it.

Understand Amygdala

- When you shrink your Amygdala, you are reducing your stress.
- Found in both hemispheres of your brain.
- It remembers positive and negative stimuli from your life.
- Controls your decision making.
- Is home of your Fight or Flight trauma responses.

Address Procrastination

- See challenges as opportunities.
- Finished is better than perfect.
- When you're afraid, do it anyway.
- The only failure is not trying in the first place.

Practice Mindfulness

- Meditate on prayer, scripture, and what the Lord is putting before you.
- Live in the moment.
- Focus on your breathing.
- Observe your thoughts, feelings, and emotions.
- Exercise.
- Acknowledge what you are grateful for.
- Listen to uplifting music (If the music affects your attitude in a negative direction don't listen to it).
- Do things for others without expecting anything in return or to be known for it.
- Listen to your body (Be aware of your senses and use them to create positive responses).
- Take time to respond instead of reacting. Reaction is immediate. Response takes time and considers the consequences of your actions.
- Positive self-talk.

Operate outside your comfort zone. Master fear by recognizing it and challenging yourself to move past it. The Amygdala remembers negative and positive memories that we have endured. It automatically responds to fear in a way that seeks to protect you. Fear comes when we are faced with a challenge, when things change in our lives, when we are given unwanted attention, and when we are not sure of something. I often tell people I counsel that when you see fear, name it, and have a conversation with it. One named fear "Charlie". She'd say, "Charlie, I see you but I gotta keep moving." Tell fear thanks for protecting you but let it know you have to move forward in accomplishing your goals. "Fear should remain in the backseat"; don't let it drive you or you won't reach your destination! Managing your time will often involve overcoming procrastination and fear! Practicing mindfulness will help you to take the fear out of the driver seat!

Other Hindrances

Some hindrances to accomplishing your goals include:

- ✓ Not a priority (it's not something that lines up with my best spiritual gift)
- ✓ Not clear on how to begin (sometimes God will connect you with someone else who operates in that gift and help you to get started)
- ✓ Fear of failure or embarrassment
- ✓ Lack of Belief/Skepticism that you can accomplish the task
- ✓ Set the wrong goal (the goal doesn't align with God's vision)
- ✓ Previous disappointments (remembering past negative experiences)
- ✓ Lack of motivation (it is not my best gift, and I don't SEIZE the opportunity to grow/increase my capacity in that area)
- ✓ Avoidance (sometimes there is a Spiritual connection)

Avoidance oftentimes, can show us the void in our Spiritual life. As we examine tasks in the natural that we avoid, it will almost surely align with a Spiritual task that we are also avoiding.

I might overeat to satisfy the flesh instead of dealing with the Spiritual issue. The issue could be avoiding reading the word or the "bread of life". That's why in this class we constantly encourage you to meditate and spend time with God concerning your goals.

Be aware of things that hinder you from reaching your **goals**.

Learn to do the task that you like to avoid FIRST! Write down and speak out loud that this is something you will accomplish today! Even if it is a small beginning.

Goal Setting and Time Management

- Know the strategic direction that you are moving toward. Know the end of the goal and what you need to do to get there.
 - Break Up Larger Tasks.
 - Create Measurable Goals.
-

Time Management

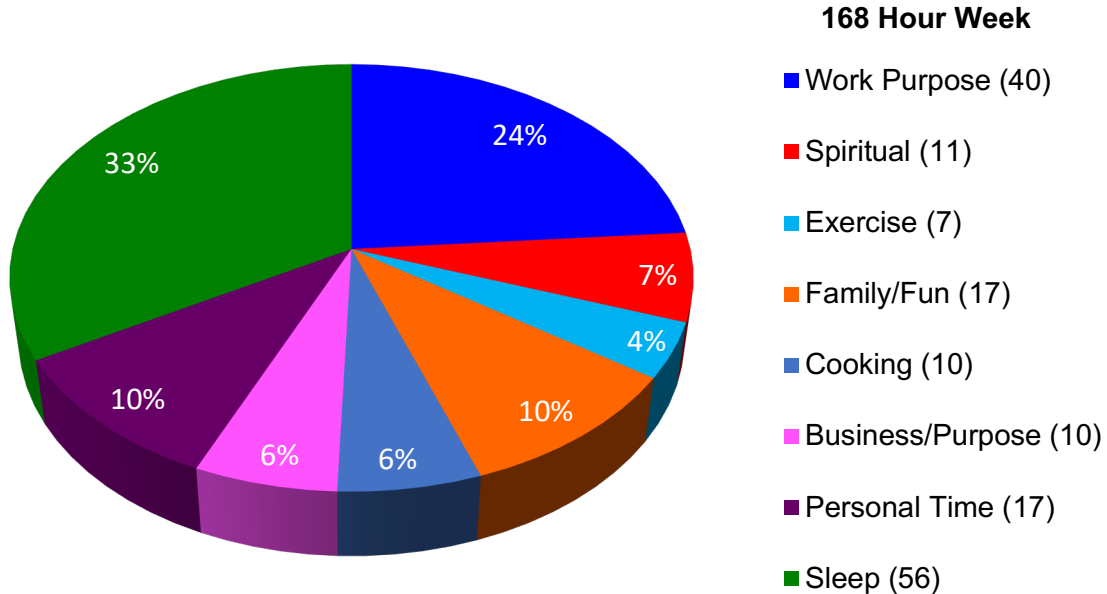
Time is a gift. Time has value. You spend time doing what you value. Monitoring your time for one week will help you to determine where you are spending your time.

You become a **VISION WALKING** when you know your purpose, value your time, and are conscious of your impact.

In order to be successful, you need to intentionally spend time focusing on your **PURPOSE**, **VISION**, and **MISSION/IMPACT**.

This next exercise will help you determine where and how you are spending your time. If you are not achieving your goals, make the proper adjustments.

Example of one week (168 hours)



This example demonstrated 40 hours are spent on Work Purpose.

Work Purpose: 40 hours divided by 168 = .238 = 23.8% (rounded to 24%) of your week.

Spiritual Time: 11 hours per week divided by 168 = 7%

Exercise: 7 hours per week divided by 168 = 4%

Family/Fun: 17 hours per week divided by 168 = 10%

Cooking: 10 hours per week divided by 168 = 6%

Business/Purpose: 10 hours per week divided by 168 = 6%

Personal Time: 17 hours per week divided by 168 = 17%

Sleep: 56 hours per week divided by 168 = 33%

**Remember...where and how you spend your time should align to your
MISSION and IMPACT.**

When you are not accomplishing your goals, re-visit where and how you spend your time.

SMART Goals

Let's set some SMART Goals with the table below.

	S Specific	M Measurable	A Achievable	R Relevant	T Timely
Telescope View Example	Lose 10 pounds to reduce blood sugar	Lose 10 pounds in 30 days	Yes, it's possible to lose 10 pounds in 30 days	Losing weight to increase overall health	10 pounds in 30 days
Microscope View Example	Raise \$1000 in 30 days for emergency fund	Raise \$250 a week	Yes, it's possible through yard sales, fundraisers, salary etc.	Fund will be utilized for any unforeseen emergency.	\$1000 in 30 days
Kaleidoscope View Example	Read Proverbs in 1 month to obtain biblical wisdom.	Read 1-2 chapters a day	Yes, it's possible to read a chapter a day	Yes, in order to grow and better understand the Bible	31 chapters in 1 month
Telescope View					
Microscope View					
Kaleidoscope View					

Time Management

Time is forward-moving and should be under God's personal direction and control. We love to say, "God, we give you full permission to overrule our thoughts and our priorities."

How significant is it that we learn our purpose and walk in it while managing our time?

We believe that when you "Manage your Time," you "Master your Life."

The definition of a manager: "man" and "age"

A biblical reference to a manger is a man who has wisdom and can handle resources. Time is resource.

Our "Vision Boards" should reflect how we want to use our time.

When we talk about Purpose, Vision and Impact, a schedule & goals come with it. Time management of those goals is the key to success.

Time Management Definitions

Here are some definitions that will help with time management.

- a. Time: The continued process of existence and events in the past, present, and future.
- b. **(Chronos Time)**=Chronological time. The 168hr week is an example. **Kairos time is** appointed time. Kairos is quality time.
- c. Looking at Time Management: It is the ability to use one's time effectively or productively.

Consistency will breed Kairos moments.

The woman at the well in the bible went there the same time every day, that is an example of Chronos time. However, the day Jesus met her there is an example of a Kairos moment. Her life was never the same.

We don't want to get so wrapped up in Chronological Time that we miss Kairos Moments. We can spend hours watching our favorite sports team or movies; however, we must realize that one minute with God can change our life. Don't neglect that quality time in meditation with our creator. One day our Chronos time will cease, and we will stand before our creator and give an account; that will be a Kairos Moment.

Take Responsibility for Your Vision

Speak the vision every day!

Take authority by assigning deadlines.

Write down the resources that are needed.

People can be resources. We are uniquely connected.

Become a Vision Walking!

These are critical steps to walking in your vision.

A great visionary, Napoleon Hill, said,
“Whatever the mind can conceive and believe, it can achieve!”

Can You See Your Capabilities?

Do you have mentors in your life to push you?

Who pushes you to “hop and pop” to reach the goals that are set?

Reflection

California is indeed the land of opportunities. I could see many opportunities even as a kid. So could my mom. I was not a shy kid and could often be seen sharing stories and making friends. When I was 10 years old, our church would sell candy to support fundraisers in the community. Most people would get one case to sell, but my mom would get 10 cases. She would take my brother and me to a popular storefront and tell us, “This is what you say to the people.” “Excuse me, Sir or Ma’am...would you like to buy some candy to support our church, Ajalon Temple of Truth?”

My mom would come back in a couple of hours and say, “How many more boxes do you still have?” We’d have about four or five and she’d tell us that we were not going home until those boxes were all gone! Then, my brother and I would start “hopping and popping” to get those boxes sold!

Thus began the development of the mentality to deal with people in the community who might say no, but you learn to keep moving forward to accomplish the goal.

Sowing A Seed

Reflection

Looking back over our journey in “Vision Walking,” we have sown many seeds into other people’s visions. We believed our seeds were in good soil with people who managed resources well and who wanted to make a difference. We celebrated each time we heard success stories of how these people were creating positive change in their communities.

In the process of walking in your vision, you may be required to sow a seed.

A seed can be time, faith, love, hope, money, resources, prayer, and many other things.

Years ago, as new members of a local church, we felt compelled to give the church a \$7,000.00 seed. This was all the money we could put our hands on at that time. It was a huge sacrifice, but the need was imminent for the church.

We believe that seed laid a major foundation for the financial successes that followed. Some would beg to differ and say that it was chance. Some would say “some people want to give God credit for everything that they achieve.”

However, we know and have learned that sowing seeds into others lends a great harvest. There have been times when we gave a financial seed, from the heart, and saw our salary increase by that amount each month for many years.

There has not been one time that our sowing did not produce a harvest.

You indeed reap what you sow!

All we can say is TRY IT AND SEE!



Strong, creative, positive and ever changing.
The road is full of hopes and dreams.
Everything you do is connected to how you see.
Be it a hill or a mountain, the path you choose is key.
You're never alone on the journey -- a **Vision Walking**.

The road is full of hopes and dreams,
Everything you do is connected to how you see.
Be it a hill or a mountain, the path you choose is key.
You're never alone on the journey.
Now help others see.

Help others see.
Help 'em see the truth.
Give God Glory that's what you need to do.
Help 'em see the vision.
Help 'em see the mission.
Help 'em see that God is the thing they've been missing.
Help 'em see the light, help see the way.
You can change your life, all you gotta do is pray.
Gotta find your path.
You just gotta listen.
Listen to God so you can find your vision. Uhhh.
You're never alone, 'cause God is always with you.

The road is full of hopes and dreams.
Everything you do is connected to how you see.
Be it a hill or a mountain, the path you choose is key.
You're never alone on the journey - a **Vision Walking**.

Now help others see.
Help them see the light.
See they can burn and be really bright.

Help them see the way.
Help them see the path.
You got all the changes,
All you gotta do is the math!

You got all the praise.
You got all the smarts.
You got all the keys.
That's where it all starts.
You just gotta learn.
You just gotta grow,
and you'll know everything next thing you know.

Strong, creative, positive and ever changing.
The road is full of hopes and dreams.
Everything you do is connected to how you see.
Be it a hill or a mountain, the path you choose is key.
You're never alone on the journey – a **Vision Walking**.

The road is full of hopes and dreams.
Everything you do is connected to how you see.
Be it a hill or a mountain, the path you choose is key.
You're never alone on the journey.
Now...help others see!

Write down what message you took from the song.

Annual Vision Book

Open your Annual Vision Book Template. Add your SMART Goals and Time Management Sheet & Categories. Define your relationships and develop prayers for those relationships. Now you have a completed Annual Vision Book!

Who Am I?

Romans 12:1-2 NKJV
Scriptures For The Year
Personal Prayers

What Is My Purpose?

Purpose, Vision, Mission/Impact Statement
Vision Board

How Do I Walk In My Purpose?

SMART Goals
Time Management
Define Relationships
Develop Relationship Prayers
Bible Study Tool

The Annual Vision Book is a tool that you will learn to refine over time.

Continue to add prayers, affirmations, scriptures, and important relationships into it.

Use it to meditate and reflect on the vision God has for you in this season.

Review and update it every year.

**You become a Vision Walking
when you are walking in the vision that is set for your life!**

Use your **PURPOSE**, **VISION**, and **MISSION/IMPACT STATEMENT**
to know the direction for your life.

Use your **Vision Board** to keep the vision in front of you and
speak your dreams out loud daily. Setting goals and monitoring
your time will help you to be successful.

Learn to Master FEAR!

YOU are a Vision Walking!
Intentionally helping others see how we are uniquely connected!

We encourage you to be a participant in life!

We applaud the gift that is in you!

"He who began a good work in you will carry it on to completion."
- Philippians 1:6 (NIV)

Notes

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

THIS COURSE IS DESIGNED TO ANSWER
THE LONGING IN OUR HEARTS TO KNOW:

WHO AM I?

WHAT IS MY PURPOSE?

&

**HOW AM I TO WALK IN IT NOW TO
MAKE THE WORLD A BETTER PLACE?**

INCLUDED INSIDE

**THIS PACKAGE INCLUDES A FIVE-SESSION PRESENTATION PACKED WITH
STORIES AND EXERCISES TO EMPOWER YOU TO FIND
YOUR PURPOSE AND WALK IN IT**

SESSION 1: COURSE OVERVIEW AND ASSESSMENTS

SESSION 2: PURPOSE, VISION AND MISSION/IMPACT STATEMENT

SESSION 3: SEASONS AND DEVELOP A VISION BOARD

SESSION 4: VISION BOARD REVIEW/PRESENTATIONS

SESSION 5: SMART GOALS, TIME MANAGEMENT, AND ANNUAL BOOK



INTENTIONALLY HELPING OTHERS SEE HOW WE ARE UNIQUELY CONNECTED.

www.VisionWalking.com

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